Learning a language is a demanding task requiring some effort but it is within anybody's reach and it is certainly worth giving it a try.

Even though you can only say a few words, those around you will treat you better. Just devote some time to it, and new opportunities will open up for you: you will meet new people, you will find out about new outlooks on life and you will even improve your job prospects. In addition, you will experience great personal fulfilment.

Learning a new language is fun. To make progress on the learning, however, you have to feel personal motivation. The more dynamic the method you take up, the better the results you will get.

If you feel disheartened and frustrated, just don't give up - everybody goes through a bad patch when getting through the learning process. You should talk to the teacher or to a class mate and give you a break. Only then can you get down to it with renewed energy!

### SOME ADVICE ON HOW TO LEARN

- Do not try to learn everything at once. Aim at a clear and realistic goal. Make progress at your own pace.

- Open up to new ways of learning - new technologies and learning methods can be very useful for you.

- Take advantage of any chance to communicate in Catalan.

- Do not be afraid to make mistakes. You can correct them gradually. What is important is that you get across what you want to say.

- Revise as often as you can what you have learned and check your progress.

### TEACHERS WILL DO THEIR BEST TO TEACH YOU BUT LEARNING IS BASICALLY UP TO YOU. IT IS YOUR TASK AND MOTIVATION THAT DETERMINE THE FINAL RESULT.

### READING AND LISTENING

- A lot of reading and listening to the language are essential to your learning. The more you listen and expose yourself to the language, the better you will be at speaking. Reading helps your writing immensely.

- Read as much as possible and listen to texts where Catalan language is the natural means of expression (newspapers, radio, TV, internet ...)

- Keep revising what you have learned and check your progress.

- Be aware of the fact that you do not have to understand all the words to get the gist of a text.

### WRITING

- Take advantage of any opportunities to write something in Catalan (e-mails, postcards, letters, text messages ...)

- Reread what you have written: when you write there is usually more time to revise and correct any possible mistakes.

### SPEAKING

- Use Catalan whenever possible.

- Ask Catalan speakers - friends, neighbours and acquaintances - always to speak Catalan to you.

- Learn the most common expressions in the language (what to say when meeting people, when shopping, greetings, etc)

- Most people who learn a new language are not perfect at it and usually have an accent. Do not fret about that. The most important thing is that you are understood.

### VOCABULARY

- Aim at learning a few new words every day.